

ELDERPRESENCE

A Retreat to Explore Fulfillment in the Second Half of Life

Oct 19 - 22, 2006
Ashland, Oregon

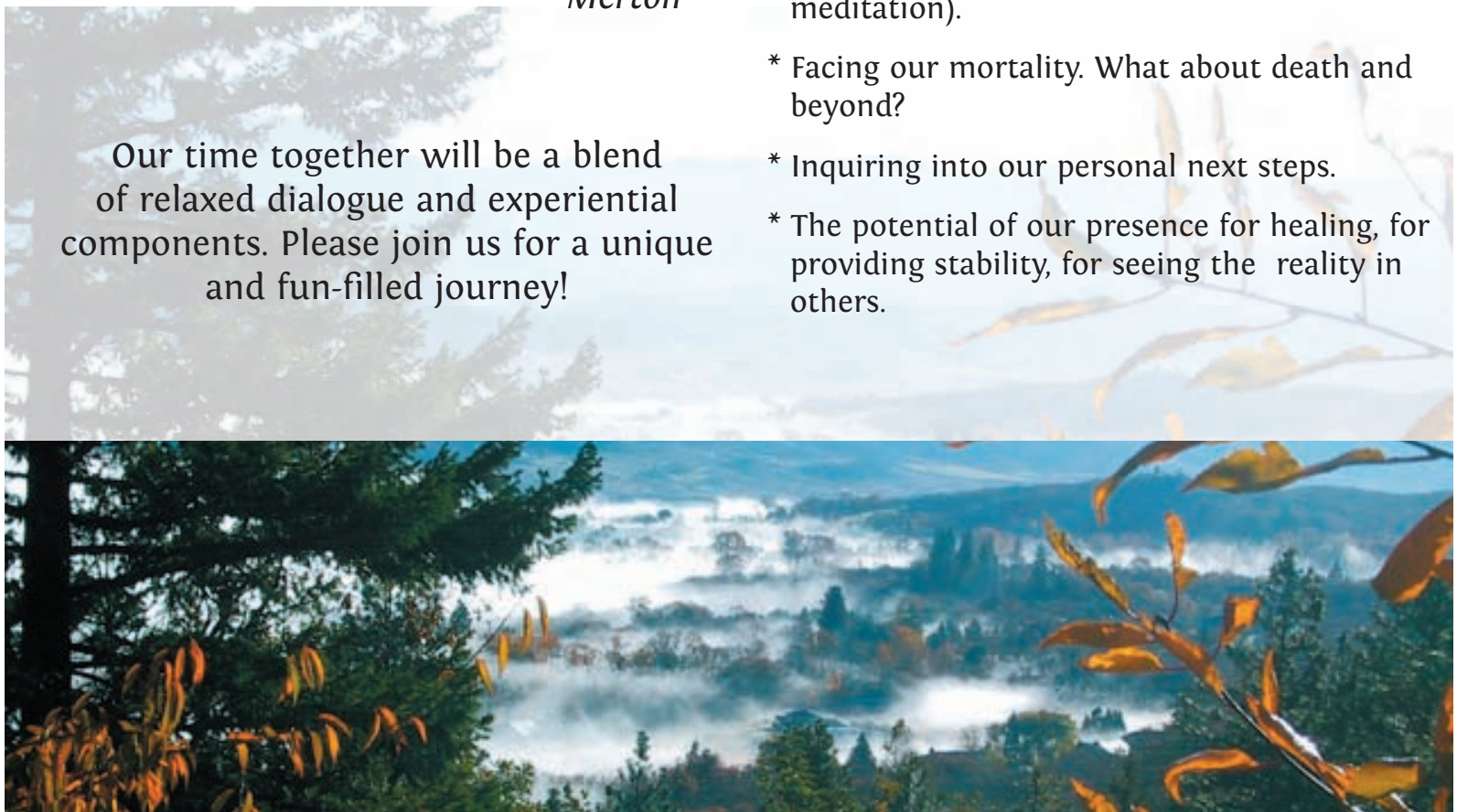
In our youth-based culture the relentless march of time has so often led to feelings of helplessness, uselessness and depression as we age. This retreat invites participants to discover the potential for a deeper fulfillment that lies beyond our need to achieve. Slow down and access a well of inner wisdom and insight, much needed in the world today.

“We have what we seek. It is there all the time, and if we give it time it will make itself known to us.” - Thomas Merton

Our time together will be a blend of relaxed dialogue and experiential components. Please join us for a unique and fun-filled journey!

Themes:

- * What questions do we hold about our lives?
- * What are we leaving behind - what is ending, and what is beginning?
- * Forgiveness - how to come to peace with others and ourselves.
- * Savoring the experience of simply BEING.
- * The wholeness of things - honoring a universal rhythm.
- * The role of Elders in today's fragmented and uncertain world.
- * The value of an inner practice (such as meditation).
- * Facing our mortality. What about death and beyond?
- * Inquiring into our personal next steps.
- * The potential of our presence for healing, for providing stability, for seeing the reality in others.





"I have a feeling that my boat has struck, down there in the depths, against a great thing.

*And nothing happens! Nothing...Silence...Waves...
- Nothing happens? Or has everything happened, and we are standing now, quietly, in the new life?"
- Juan Ramon Jimenez*

Facilitators:

Serena Newby, Barbara Cecil, Michael Cecil.
(for more about us please visit The Ashland Institute website indicated below).

Facility:

Michael and Barbara's home at 899 Timberlake Drive, Ashland, OR 97520-9090 set in a quiet forest, overlooking beautiful Emigrant Lake.

Timing:

Thursday, Oct 19: 7pm to 9pm (no meal served).
Friday, Oct 20: 9am to 9pm (including lunch and supper).
Saturday, Oct 21: 9am to 7:30pm (including lunch and supper).
Sunday, Oct 22: 9am to noon (no meal served).

Cost: \$325.00

Accommodations for those coming from out of town:
Contact Barbara at 541-488-3623 (or bcecil@mind.net)

To reserve a place: please fill out and send the application form with a non refundable deposit of \$100 by Sept 19.

Make checks payable to:

The Ashland Institute
899 Timberlake Drive
Ashland, OR 97520-9090.

For more information wrote or phone:

Michael Cecil at 541-488-3646
or mcecil@mind.net

Barbara Cecil at 541-488-3623
or bcecil@mind.net

Serena Newby at 541-488-1784
or sernew@earthlink.net

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